



### GET TO KNOW HEATHER

Six years as an internal medicine physician in a rural community gave Dr. Dryden an extensive background in primary care, and helped her discover the rewards of working with elderly adults. “I have always enjoyed meeting them where they are, and helping them manage their chronic diseases and acute illnesses,” she says. As a Medical Director with AgeRight, she provides direct care to skilled nursing and rehab patients in senior care facilities, and appreciates being part of a team that promotes health, wellness and healing.

“It’s an honor working with seniors on their path to wellness”

### DR. DRYDEN AT-A-GLANCE:

- More than ten years of internal medicine experience, primarily working with elderly adults in primary care
- Graduate of the Ross University School of Medicine
- Internal medicine residency at Legacy Emanuel
- Enjoys traveling in Oregon and around the world, and processing food from her own very large garden

